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Special Issue: Reclassifying “Severe Autism” as “Super Autism”

SUPER AUTISM & THE GREAT TV EXTINCTION:

AUTONOMIC SPIKES, ELECTRONIC DEVICES AND WHY THE FUN END OF THE SPECTRUM KEEPS SMASHING SCREENS

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Abstract

Background:

Household report documents the unexplained loss of **8 televisions**, multiple Google Nests, phones, and air filtration units, all destroyed by one autistic young man (Axel) during periods of severe pain and autonomic chaos.

Objective:

To investigate whether this is:

1. “Challenging behaviour”, or
2. A perfectly rational act of **environmental modification** by someone whose nervous system is being microwaved by buzzing boxes and man-made EMFs.

Existing research suggests that electromagnetic fields (EMFs) can influence circadian rhythms and downstream physiology, including inflammation and autonomic function. [Influence of electromagnetic fields on the circadian rhythm: Implications for human health and disease](#)

Erythromelalgia, Axel’s pain condition, is associated with autonomic and vascular dysfunction and hypersensitivity in peripheral nerves. [What Is Erythromelalgia?](#)

Conclusion:

We propose retiring the term “**severe autism**” and replacing it with “**Super Autism**”: a state of **extreme environmental sensitivity + autonomic instability + ancient survival skills**, currently being treated by society as a problem instead of a biological early-warning system.

We further propose a new manual:

DSM-S: Diagnostic and Superpowers Manual.

1. Introduction: Why the “Fun End” Keeps Killing TVs

Case report (Annette, n=1 household, n=1 hurricane named Axel):

- 8 TVs: deceased.
- Most Google Nests: executed.
- Phones: survive slightly longer with armour, but are hunted like prey.
- Air purifiers: picked up and **physically slammed** into the floor, leaving dents like some kind of sensory war crime.

Crucially, these events cluster in periods when:

- Axel’s **erythromelalgia** is flaring
- His **autonomic nervous system** is visibly fried
- His brainstem is clearly sending the memo: *“Everything hurts, shut it all down or I will.”*

We already know:

- The autonomic nervous system regulates heart rate, blood pressure, temperature, digestion, sweating, etc. [Overview of the Autonomic Nervous System](#)
- Dysautonomia (autonomic dysfunction) can cause extreme, hard-to-describe physical distress. [Dysautonomia](#)
- Erythromelalgia likely involves autonomic and vascular dysfunction and hypersensitive pain pathways. [What Is Erythromelalgia?](#)
- EMFs, especially low-frequency / artificial ones, can alter circadian rhythms and physiological regulation in at least a subset of people. [Influence of electromagnetic fields on the circadian rhythm: Implications for human health and disease](#)

But sure, let’s pretend Axel is just “being naughty with TVs” and not possibly reacting to a constant invisible assault his body can’t tolerate.

2. Methods:

Longitudinal Study of One Household + Several Broken Appliances

Design

- **Participants:**
 - 1 autistic young man with high support needs + chronic pain (henceforth: **Super Autism Prototype 001**).
 - 1 mother, multiple witnesses, and a small graveyard of electronics.
- **Setting:**
 - Standard modern home: Wi-Fi, TVs, “smart” devices, and the usual electromagnetic soup.
- **Data sources:**
 - Repeated incidents of:
 - TV annihilation
 - Google Nest decapitation
 - Phone homing-and-destroying
 - Air purifier revenge attacks
 - Correlated with:
 - Pain flares
 - Autonomic chaos
 - Sensory overload
 - Plus qualitative peer review via LinkedIn comments:
 - “They buzz and it’s irritating.”
 - “They make noise even when they’re off.”

- “When sensory is fried, *everything* is assaulting you.”

Key Observational Finding

Axel can detect hidden phones like an **exocet missile**.

If he is determined to destroy a device, **no cupboard, wardrobe, or “good hiding place” survives**.

Interpretation (Axel version):

If I can *sense* it through walls and closed doors, and I am already in autonomic meltdown, then yes, obviously:

It hurts. That’s the data.

3. Results: Patterns of Super Autism in the Wild

3.1 The TV Scenario

- TVs targeted **most often** during severe pain and flare months.
- Destruction is fast, focused, and specific.
- Not random property damage — it’s **device-specific euthanasia**.

3.2 The Phone Missile Phenomenon

- Phones are:
 - Tracked
 - Located
 - Removed from existence even when hidden, or supposedly “out of sight”.

Neurotypical interpretation:

“He just likes smashing phones.”

Super Autism interpretation:

“My nervous system can detect tiny EM signatures or high-frequency noise. You hid the beacon of doom. I found it. You’re welcome.”

3.3 The Air Purifier Uprising

- Large air filtration units are:
 - Lifted
 - Slammed
 - Left in pieces, denting cork floors.

Hypothesis:

These machines sit there humming away, altering airflow and frequency, and **Super Autism** registers them as “pain generators,” especially when the autonomic system is already unstable.

4. Discussion:

Super Autism, Autonomic Spikes & Electronic Aggression

Let's be boringly clear for the record:

- We **do not** have conclusive evidence that EMFs or device hum **cause** Axel's pain.
- We **do** have:
 - Evidence that EMFs can alter circadian rhythms and physiological regulation in some people.
 - Evidence that erythromelalgia and autonomic dysfunction can make a body **overreact** to environmental inputs.
 - Direct, repeated lived observation that Axel's worst device destruction coincides with his worst physiological states.

So from Axel's perspective, the logic is:

“Whenever my nervous system is on fire, these things make it worse.
When I remove them from existence, my environment is quieter.
I'm not dysregulated. I'm **debugging**.”

4.1 The Super Autism Hypothesis

What they call “**severe autism**” is very often:

- Autonomic nervous system on a hair-trigger
- Pain / temperature / EMF / vibration / sound sensitivity turned up to **11**
- Sensory processing that notices:
 - The TV whistle
 - The phone ping even on silent
 - The air purifier's sub-bass hum
 - The Wi-Fi router's quiet demon song

In another era, this kid:

- Smelled the rain before clouds formed
- Felt atmospheric pressure shifts and knew:

“Do not sail today.”

- Noticed tremors, animal behaviour changes, or electrical anomalies before a volcano erupted.

In that world, Axel is:

Village Oracle, Keeper of Seasons, Storm Herald.

In 2025, he's:

“Behaviourally challenging” and “non-compliant with TVs.”

His ancestors would be **absolutely disgusted** by the contempt aimed at him and his friends. They'd be asking:

“These are the ones who feel the earth move first.
Why are you locking them in houses full of buzzing boxes and then blaming *them* for breaking the torture devices?”

5. Proposal: Retiring “Severe Autism” → Introducing Super Autism

5.1 DSM-S: Diagnostic and Superpowers Manual

Old label:

Autism Spectrum Disorder, Level 3 (“requiring very substantial support”)

New label:

Super Autism (SA) – “requiring very substantial environmental upgrades”

Proposed Diagnostic Criteria for Super Autism (SA-1)

(Satirical. Also, suspiciously accurate.)

A. Extreme Environmental Sensitivity

- Reacts intensely to:
 - Low-frequency hums
 - EMF-heavy spaces
 - Flickering lights
 - Wi-Fi soup
- May appear “overreactive”; actually just **the only one noticing**.

B. Autonomic Misery Mode

- Episodes of:
 - Flushing, overheating, dizziness, nausea, pain flares, or collapse
 - Especially when exposed to heat, screens, stress, or humming devices
- Doctors call it “complex”. Body calls it:

“My autonomic system has left the chat.”

C. Electronics Aggression (Device-Saving Subtype)

- Repeated, targeted destruction of:
 - TVs
 - Smart speakers
 - Phones
 - Air purifiers / fans / random buzzing blocks of plastic
- Behaviour is temporally linked to:
 - Pain spikes
 - Sensory overload
 - Autonomic dysregulation
- Think:

“Sensory sniper, not random vandalism.”

D. Ancient Warning System

At least one of:

- Weirdly accurate sensitivity to:
 - Weather changes
 - Storms
 - Geophysical shifts
 - Crowd / emotional atmosphere
- Able to:
 - Predict “Something’s wrong” hours or days before neurotypicals notice.

E. Social Misinterpretation by Neurotypicals

- Almost universally described as:
 - “Severe”
 - “Too much”
 - “High demand”
 - “Behaviour problem”
 - When in fact the individual is:
 - Running **higher-resolution data**
 - In a world designed for people on low-res mode.
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5.2 Specifiers

- **SA-1 With TV Extinction Syndrome**
Primary target: televisions. Side effect: reduced household screen time, improved eye contact (with books).
- **SA-1 With Phone Homing Beacon**
Can detect “hidden” phones with 99.9% accuracy.
(Ethics committees still debating whether this is a bug or a feature.)
- **SA-1 With Air Purifier Annihilation**
Likely indicates sensitivity to airflow, frequency, or motor hum.
Also indicates impressive upper-body strength.
- **SA-1 With Ancestral Rage**
Displays palpable fury when treated with contempt, restraint, or condescension.
Interpreted by this working group as:

“Intergenerational memory of how people like us were treated when the village forgot we were the reason it survived winters.”

6. Clinical & Practical Implications (aka: What To Do That Isn't "Blame the Child")

Instead of:

- "How do we stop him breaking TVs?"

Try:

- "What if the TV, Wi-Fi, fans, and devices actually **hurt** his nervous system when he's already in overload?"
- "What would happen if we:
 - Turned off the Wi-Fi at night
 - Used wired where possible
 - Chose quieter / low-EMF devices
 - Moved big humming machines out of his immediate space
 - Gave him actual control over light / sound / device presence?"

Research world:

Feel free to run double-blind studies. I will be here, with my lived experience sample size of "literally everyone I know at the 'fun end' who also hates buzzing electronics."

7. Conclusion: Super Autism Is Not the Problem. The Environment Is.

Rebranding "severe autism" as **Super Autism** isn't about pretending things aren't hard. It's about being accurate:

- These nervous systems are:
 - **More sensitive**
 - **More reactive**
 - Frequently **more in tune with things the rest of you can't feel**

The cost of ignoring that:

- We call oracles “behaviour problems”
- We call environmental torture “just normal modern living”
- And when someone destroys the torture device, **we blame them instead of the device.**

Axel isn't “breaking TVs for fun.”

He's conducting field trials for the DSM-S.

And frankly, looking at how his body reacts to your buzzing boxes,

I'd trust him on “what's safe” long before I'd trust a serviette-based economic analysis.